

GCSE HOME ECONOMICS: FOOD AND NUTRITION

BACKGROUND

Studying GCSE Home Economics: Food and Nutrition allows students to develop their knowledge and understanding of food and nutrition and apply skills to real-life contexts. The course builds on the theoretical and practical skills gained in Home Economics in Key Stage 3.

Students will be involved in the study of nutrition, food choice and diet and health within the context of the home and family whilst gaining an excellent understanding of the science behind food. The course provides opportunities for students to develop confidence in demonstrating high level practical food skills while also learning how to manage resources effectively.

This is a linear qualification, which means that students take all assessments at the end of the course. Students do not need to have reached a particular level of attainment before beginning to study this course.

SUBJECT CONTENT

The course is divided into two components;

Component 1 - Food and Nutrition - Students learn about the nutritional content of foods and how to meet the specific nutritional and dietary needs of different groups of people. To do this, they modify recipes and plan, prepare and cook meals and dishes that reflect current government nutritional guidelines. They also study how to be an effective consumer in relation to food choice, food safety and managing resources.

Component 2 - Practical Food and Nutrition - Students carry out a task that develops unique transferable skills. They research the given task title and various viewpoints on it. They choose and justify a practical activity using a range of criteria. They complete the activity in a single session and evaluate all parts of the task.

ASSESSMENT

Qualification Title:	GCSE Home Economics: Food and Nutrition	
Exam Board:	CCEA	
Content	Type of Assessment	% of Final Grade
Component 1: Food and Nutrition	External written examination 2 Hour 120 marks The written paper includes multiple-choice, short and structured questions, and questions requiring extended writing.	50%

Component 2 - Practical Food and Nutrition	<p>Controlled assessment</p> <p>120 marks</p> <p>Students complete one task that involves the following:</p> <ul style="list-style-type: none"> • Part A: Research and Viewpoints; • Part B: Justification of Choice; • Part C: Planning; • Part D: Practical Activity; and • Part E: Evaluation. <p>Students present the written report on the task in the required format.</p> <p>Teachers mark the task, and we moderate the results.</p>	<p>50%</p>
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CAREER OPPORTUNITIES

Studying GCSE Home Economics: Food and Nutrition offers a great foundation for many career opportunities. These may consist of a career in Food Manufacturing, Food Product Development, Quality Assurance/Control, Food Scientist, Health Promotion, Sports Nutrition, a Nutritionist, Dietitian, Food Scientist, Microbiologist, Environmental Health, Teaching etc. All such roles offer a challenging yet rewarding profession.

PROGRESSION

Students who study GCSE Home Economics: Food and Nutrition can progress to GCE Nutrition and Food Science and other related courses.